



Kings Lynn Regatta

Saturday 11th May 2019

Race Instructions

Contacts:

Race Officer (Andrew Dewing)	Safety Boat 1 (Bob Panrucker)	River Authority KLCB
VHF ch'M' (37)	VHF ch'M' (37)	VHF ch14
All competing gigs will be given a number to display whilst racing		

1. The Course

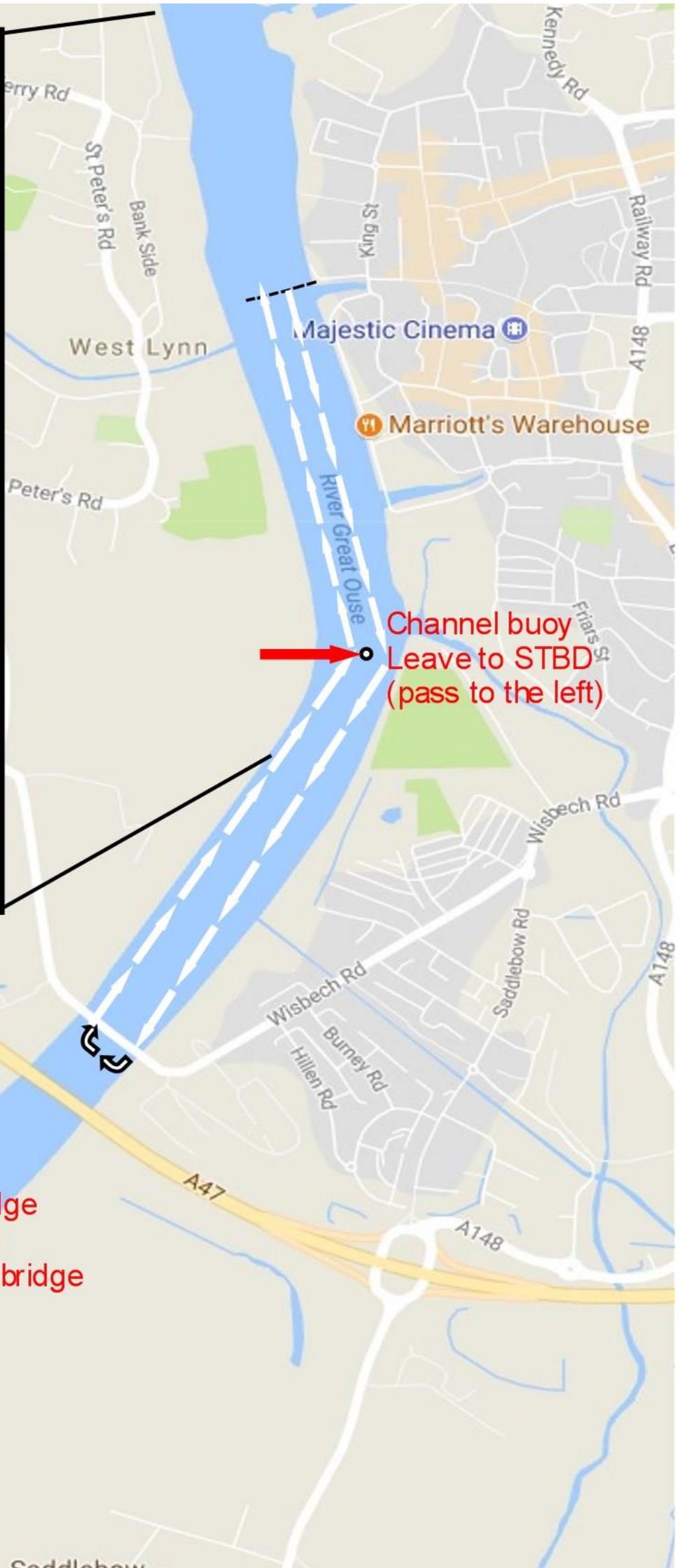
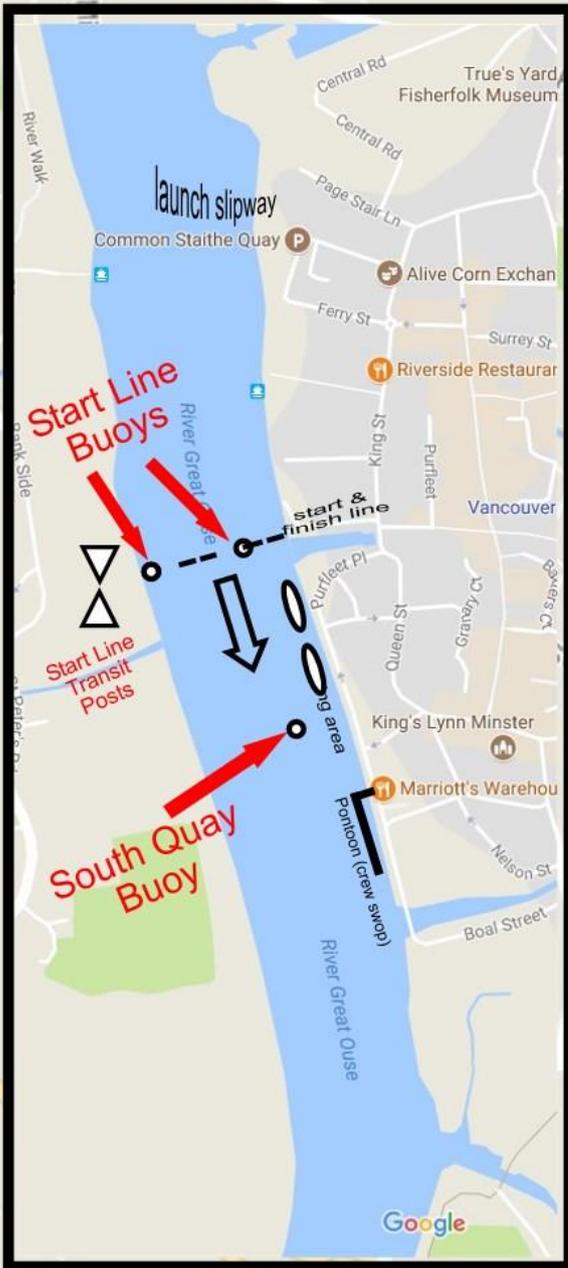
- 1.1. Please see reverse for diagram
- 1.2. The course will be from the start line (Purfleet flagstaff) upstream, leaving the South Quay Buoy to PORT, past the pontoons and the fishing dock, then leave the Channel Buoy on the bend to STBD to the first bridge. Take the leftmost channel, leaving the two centre bridge supports (main channel) to STBD. Turn when clear (avoiding old bridge supports) and return leaving the two centre bridge supports, channel mark and South Quay Buoy to STBD. The finish is the start line in the opposite direction.
- 1.3. Please clear the line and return to the pontoon to change crews quickly, (If South Quay buoy is in place, pass inside it when returning to the pontoons).

2. The Races

- 2.1. There are 3 short races on the Saturday, each of one lap, each approximately 2 miles long
- 2.2. The first is Ladies, Second Men's, Third Mixed (Starts: 10:00, 11:00, 12:00); The starting sequence will be:
- 2.3. **5 minutes before each start, a single sound signal** and VHF hail (on chM)
- 2.4. **1 minute before each start, a single sound signal.**
- 2.5. **10 second countdown (on Tannoy); long, single sound signal**
- 2.6. The races will start upstream on a transit line between the Purfleet flagstaff and transit posts on the opposite bank; the line (may) also marked with 2 buoys. placed either end of the start line. All boats must (have their bow) behind the start line at the 1 minute signal.
- 2.7. If a boat is over the line at the start of the race, up to 2 boat lengths is a 15 second penalty; more will incur either a **restart** by rounding a start line buoy or a disqualification. (notification by **two sound signals**). A **general recall** will be sounded by **three blasts**.

3. Safety

- 3.1. All rowers will wear a life jacket including coxswains.
- 3.2. A RIB will be on hand throughout the racing; all boats must carry a working hand-held portable VHF radio; set to regatta chM(37); or a waterproof mobile phone. (suggestion: set dual watch with Kings Lynn Port's ch14)
- 3.3. All race entries will be given a numbered entry sheet to display whilst racing
- 3.4. All boats must steer a proper course. Any zigzagging to block another boat will result in disqualification. The 'Two boat lengths clear' rule applies when rounding marks.



Turn under first bridge
Take left hand lane
Leave **both** centre bridge supports to STBD