



**Kings Lynn
Coastal
Rowing Club**

Kings Lynn Hanse Regatta 2020

Saturday 16th May 2019

Entry Form – Short Course sprints

(Note: These 3 races will count towards the SECRF's Nelson's Cup; scoring based on the fastest boat for each club partaking)

Name of Rowing or Sailing Club	
Name of Boat	
Class of Boat (e.g. Harker's Yard Gig, St Ayles skiff)	
Colour(s) of Boat	
Contact Numbers (in case of emergency)	(1) (2)
Contact e-mail address	

Race Notes

- A parental consent form will be required for any participants **under the age of 16**. All participant MUST wear a life jacket or buoyancy aid.
- Races will be held in accordance with the Rules of Racing. A copy of which will be available and Coxes should ensure that they are familiar with, and abide by the rules.
- Competitors participate in the event at their own risk and are responsible for their own safety and that of the boat at all times. We recommend that all boats have suitable current Public Liability Insurance (including racing cover)
- Whilst safety boat cover will be provided all boats should carry a waterproofed means of communication. At a minimum this should be a fully charged mobile phone with contact numbers for race officials and preferably a working handheld VHF radio chM(37); nb; Kings Lynn Port operates on ch14 and will be on watch.
- We ask all boats to display their allocated number at the start and finish of each race and a Racing Flag if at all possible, for the benefit of shore side spectators.

Racing will be 3 short course races. There will be separate starts for Women's, Men's, and Mixed Crews to allow boats to swap crews so that the maximum number of people can take part. Trophies will be awarded for first, second and third places for each race. Handicaps will be available on request

First Start intended 13:00 (High Water 15:00)

Cox's MANDATORY briefing at 9:30am in the registration tent.

What Crews will be racing in your boat? – Please circle as applicable and also complete the crew age calculator (next page)

NB:

Women – all rowers must be women

Mixed – at least half of rowers must be women

Age: crew ages will be averaged for the team (BR rules) and appropriate handicap applied (see next page for crew age calculator)

Under 18 – all rowers must be under 18

	Crew Entering?		RACE NUMBER (will be allocated at registration)
Race 1: Women	YES	NO	
Race 2: Men	YES	NO	
Race 3: Mixed	YES	NO	

Total Number of People Per Crew

Total Number of Crews Entered

Entry Fees: £10 per boat per race **Total Paid:**

I confirm that the boat and crews entered into the above races is entirely at its own/their own risk and that KLCRC and WNBC will take no responsibility whatsoever in respect of injury, loss or damage howsoever caused resulting from participation in the King's Lynn Hanse Regatta.

NAME:

SIGNATURE:

DATE:

Crew Age Calculator (for handicapping) – this section can be completed on the day

Race Number (as allocated on day)

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Please put an X in 1 cell for each oar's age (Cox to be ignored) e.g. if a crewmember is 41, put a 'x' in column B as they are aged between 36 to 42 years old.

Women's

Factor	A	B	C	D	E	F	G	H	I	J	K
Oar	<36	36-42	43-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	>84
1											
2											
3											
4											
5											
6											

Men's

Factor	A	B	C	D	E	F	G	H	I	J	K
Oar	<36	36-42	43-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	>84
1											
2											
3											
4											
5											
6											

Mixed

Factor	A	B	C	D	E	F	G	H	I	J	K
Oar	<36	36-42	43-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	>84
1											
2											
3											
4											
5											
6											

Notes (% time handicaps/advantage applied)

Factor	A	B	C	D	E	F	G	H	I	J	K
Oar	<36	36-42	43-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	>84
%	0	1	2.6	4.6	6.5	8.7	11.1	13.9	16.9	19.9	22.9

Norfolk Handicap 2019				
(Elapsed time x factor = Corrected time)				
A.S.C. 0.718	0.718	West Clare Fishing Currach (3 hd) 0.840	0.840 Thames Gig (Pocket) 0.930	0.930
Coypu 0.718	0.718	Sheelin Lake Boat 0.845	0.845 Windermere Skiff (Joan) 0.914	0.914
Dinghy 0.718	0.718	Skur Gig 0.850	0.850 Camping Skiff (Laura II) 0.935	0.935
Dinghy 0.744	0.744	Super Raft 0.845	0.845 Wins pear Skiff (Dragonfly) 0.935	0.935
Clinker Boat 0.745	0.745	Lara Skiff (Renown, Frost Bucket, Coastbo 0.	0.882 Sloop (8 oared) (Orkaan) 0.935	0.935
Shetland Yoal 4 oared 0.750	0.750	Lara Skiff-Randan (Leigh Ho) 0.893	0.893 Viking Longship (Astrid, Freya) 0.935	0.935
Norfolk Mussel Boat 0.755	0.755	Lara Skiff treble sculled (Hornet) 0.898	0.898 Australian Surf Boat 0.941	0.941
Currach Double sculled 0.771	0.771	Hartford 18 (Kingfisher) 0.856	0.856 Kuikensloop (Red Pepper) 0.941	0.941
Shetland Yawl 4 oared 0.776	0.776	Montagu whaler 8 oared 0.850	0.850 GRR Skerry (Maisy) 4 Oared 0.941	0.941
New England Dory (sculled) 0.781	0.781	Drascombe Gig 0.856	0.856 Pembrokeshire Longboat 0.951	0.951
Peterboat (Gimble) 0.781	0.781	Gig (4 oared) 0.856	0.856 Robin Hood Invasion Boat 0.941	0.941
Dinghy 14' 6" (Linnet) 0.781	0.781	River Teign Seine Boat 0.856	0.856 Slaney Seine Cot 0.941	0.941
Shearwater Skiff 0.781	0.781	Longboat (Baden Powell) 0.861	0.861 Spiegel Sloep (De Razende Snol) 0.941	0.941
Cornish Gig (Drekly) 0.787	0.787	Currach (Quad sculled) 0.861	0.861 Thames Double Skiff (Ellen)(Louisa) 0.941	0.941
Faering Double Sculled (Dolly) 0.781	0.781	Felixstowe Clayton Skiff 0.861	0.861 GRR Jolly Boat 0.935	0.935
Faering Double Sculled (Yggdrasil) 0.781	0.781	Gravesend Clayton Skiff 0.861	0.861 Hanningfield Hybrid Gig 0.946	0.946
Salter Skiff 0.787	0.787	Montagu Whaler (10 oared) 0.861	0.861 Kuikensloop (Anthony Van Hoboken) 0.946	0.946
New England Dory (rowed) 0.792	0.792	Peterboat (ii) 0.861	0.861 Lifeboat (Pollux) 0.946	0.946
Thames Skiff 4 oared (49) 0.792	0.792	Home Counties Gig 0.861	0.861 Cornish gig (Regatta) 0.946	0.946
Skiff (Circe) 0.792	0.792	RNU Ruby Class (1908) 0.866	0.866 Thames Racing Skiff 0.946	0.946
Thames Waterman Skiff (Babs) 0.792	0.792	Working Naomhog (4hd) 0.866	0.866 Whaler (8 oared) (Haarlemmerhout) 0.946	0.946
Drascombe Longboat 0.803	0.803	Naval Cutter 0.872	0.872 Kromhout Whaler (Kromme Dick) 0.930	0.930
Lynn Cockle Boat 0.803	0.803	Sloop (8 oared) (Mare Australis) 0.845	0.845 Kuikensloop (Bergenvaarder) 0.951	0.951
Dory (Eloise) 0.808	0.808	River Teign rowboat 20' 0.877	0.877 Thames Gig (Lecta) 0.951	0.951
Dinghy (Aggie) 0.813	0.813	Racing Naomhog (4hd) 0.877	0.877 Shallop 0.951	0.951
Thames Waterman Skiff (Nancy) 0.840	0.840	St Ayles Skiff 0.898	0.898 Spiegel Sloep/Shallop (Flintertwirre) 0.951	0.951
Bursledon Gig (Yachting Sports) 0.829	0.829	River Dart Skiff" 0.903	0.903 Thames Wherry (Rose in June) 0.951	0.951
Faering Double Sculled (Snowy) 0.834	0.834	Teifi Skiff 0.877	0.877 Celtic Longboat 0.967	0.967
Lifeboat 6 oared (Eucalypta) 0.824	0.824	Rescue Boat (Viking 2) 0.882	0.882 Shallop (Jubilant) 0.946	0.946
Lifeboat (8 oared) 0.824	0.824	Longboat (Boomsluiter) 0.882	0.882 Thames Rosalind Skiff (John Disley) 0.951	0.951
Montagu Whaler (5 oared) 0.824	0.824	Clinker Boat (Myfanwy) 0.882	0.882 Spirit Class gig (Spirit of Gertrude) 0.962	0.962
Ship's Tender (Lilian) 0.829	0.829	Kromhout Whaler (Kaatje) 0.919	0.919 GRR Skerry (Skerry) 0.962	0.962
Skiff (49) 0.824	0.824	Ship's Lifeboat 6 Oared (Birmal) 0.898	0.898 River Tay Gig 0.956	0.956
Lara Skiff double sculled (O'Bucket) 0.877	0.877	Whale Boat 4 oared 0.887	0.887 Scarborough Gig 0.972	0.972
Whaler (Viking) 0.824	0.824	Whale Boat 5 oared 0.903	0.903 Seaxgig 0.972	0.972
Bursledon Gig 0.850	0.850	Lifeboat (8 oared) (Oksewiel 1) 0.903	0.903 Cutter (Betty) 0.972	0.972
Ship's Lifeboat (Kingsbridge) 0.829	0.829	Shetland Yoal 6 oared 0.903	0.903 Thames Triple Skiff 0.956	0.956
Viking Longship (Bear) 0.829	0.829	Whaler 8 oar (Barbarossa) 0.909	0.909 Whaler (10 oared) (Yellowfin) 0.967	0.967
Orkney Longliner (Erith) 0.834	0.834	Lifeboat (8 oared) (Visioen) 0.919	0.919 Queen bo rough gig 0.967	0.967
Trinity 500 0.850	0.850	Eton gig (Kate) 0.925	0.925 Whitby Gig 0.972	0.972
Gravesend waterman skiff 0.840	0.840	Pangbourne Big gig 0.925	0.925 Whitby Pilot Gig 0.978	0.978
Currach (3 handed)(triple sculled) 0.840	0.840	Thames Double Skiff (Lily) 0.925	0.925 River Tay Gig 0.956	0.956
Balderrig Curach 0.866	0.866	Whitehall Skiff (Margaret) 0.887	0.887 Dragonboat 10 0.978	0.978
Atlantic Race boat (Sculled)	0.866	Lara skiff triple sculled (Renown) 0.898	0.898 GRR Skerry (St Helena) 0.962	0.962
King Alfred 0.840	0.840	Lifeboat (8 oared) (Zeeotter 2) 0.930	0.930 East Coast Skiff 0.983	0.983
Lelieviet 0.850	0.850	Shackleton Ship's Boat	Boat Lifeboat 8 oared (Zeeotter 2) 0.983	0.983
Lifeboat (8 oared) 0.840	0.840	Harker's Yard gig Velocity 0.930	0.930 American Whaleboat (Molly) 0.988	0.988
		Loddon Skiff 0.930	0.930 Bell Boat 0.983	0.983
		Thames Double Skiff (Gwendoline) 0.930	0.930 Solent Galley 0.983	0.983
		Thames double skiff (King) 0.930	0.930 Shallop quad sculled (Sgian Dubh) 0.983	0.983
			Cornish Pilot gig a 0.972	0.972
			Cornish Pilot Gig b 0.978	0.978
			Canadian C-8 Canoe 0.999	0.999
			Hawaiian Outrigger (Phoenix Rising) 1.031	1.036
			Shalop (Lady Mayoress) 0.972	0.972
			Thai-Hawaiian Outrigger 1.031	1.031
			Thames Waterman Cutter 1.000	1.000
			Thames Waterman Cutter (Buccaneer 1.	1.016
			Dragonboat 16 1.073	1.073
			1829 Boat Race gig 1.020	1.020
			Basque Trainera 1.073	1.073
			Gentleman's outrigger gig 2X+	
			Thames skiff 1X+	
			Faering 2X+ 15' 3" Raineach	
			Eton Skiff LWL17	