

Officer Of the Day (OOD):

Requirements:

Has a deeper knowledge of basic rowing skills plus the additional skills deemed essential for the safe and effective organisation of a rowing event. OODs are nominated and voted in by the KLCRC committee. Any and all events must have a nominated OOD.”

Specific Responsibilities:

- The Events Secretary will nominate/agree the OOD before the event and add their name to the social media and event notification. He may also delegate the collection of attendees and the ensuring boats, keys & safety equipment turn up at the venue at the right time, to the OOD.
- When at the venue; before getting in the boat(s); do the following:
- If you are launching at Kings Lynn (Chan 14) or Wells (Chan 12), check in with the harbourmaster on VHF to check traffic movements
- Check the boat(s) are fit for purpose
- Consider wind, weather and currents/tides – be prepared to cancel the event if necessary.
- Ensure all new attendees have a nominated mentor, a safety brief, sign the disclaimed form (attached) and are given a membership application form.
- Decide who rows and who coxes at the event (remember; always min 2 competent rowers in a skiff)
- Safety brief: (always given if new people present or if deemed useful)**
- be careful around towing vehicles and trailers
- appropriate clothing, everyone wears a life jacket, fitted before you get in the boat (ensure new people are helped to fit their life jacket and briefed on its use; probably by their Mentor)
- Essential basic instruction;**
- getting in and out of the boats (keep weight low and over the centre),
- Cox is in charge, follow the Stroke unless told otherwise and keep the boat balanced. Concentrate on timing rather than power
- Get the oar out of the water quickly at the end of each stroke (avoids catching crabs)
- If you get confused, just take your oar out of the water.
- If you fall in, stay with the boat – we’ll come back for you; honest!